

ST. FRANCIS COMMUNITY HEALTH SURVEY – November 2012

Commissioned by:

Aurora Health Care

Children's Hospital of Wisconsin
Columbia St. Mary's Health System

Froedtert Health

Wheaton Franciscan Healthcare

In Partnership with:

St. Francis Health Department
Center for Urban Population Health

Overview

- Objectives
 - Gather data on behavioral and lifestyle habits of the adult population and household-level data.
 - Gather data on the prevalence of risk factors and disease conditions of the adult population.
 - Compare health data of residents to previous health studies.
 - Compare health data to national and state measurements.

Methodology

- 18 minute telephone survey of area residents
- 400 completions from June 20, 2012 through August 7, 2012
- Two-fold sampling
 - 1) RDD landline sample of listed & unlisted #s (n=393)
 - Respondents randomly selected based on number of adults in household
 - Weighting based on number of adults and number of residential phone numbers in HH
 - 2) Cell phone only sample (n=7)
 - Adult answering the phone designated as the respondent
- All data post-stratified by age and gender of adult residents as of 2010 Census proportions.
- Margin of error: $\pm 5\%$

Demographics



Respondent Demographics

	Percent
Gender	
Male	47%
Female	53%
Household Income	
Bottom 40 Percent Bracket	28%
Middle 20 Percent Bracket	15%
Top 40 Percent Bracket	38%
Not sure/No answer	18%

Respondent Demographics (cont.)

Age	Percent
18 to 34	30%
35 to 44	15%
45 to 54	19%
55 to 64	15%
65 and older	21%

Respondent Demographics (cont.)

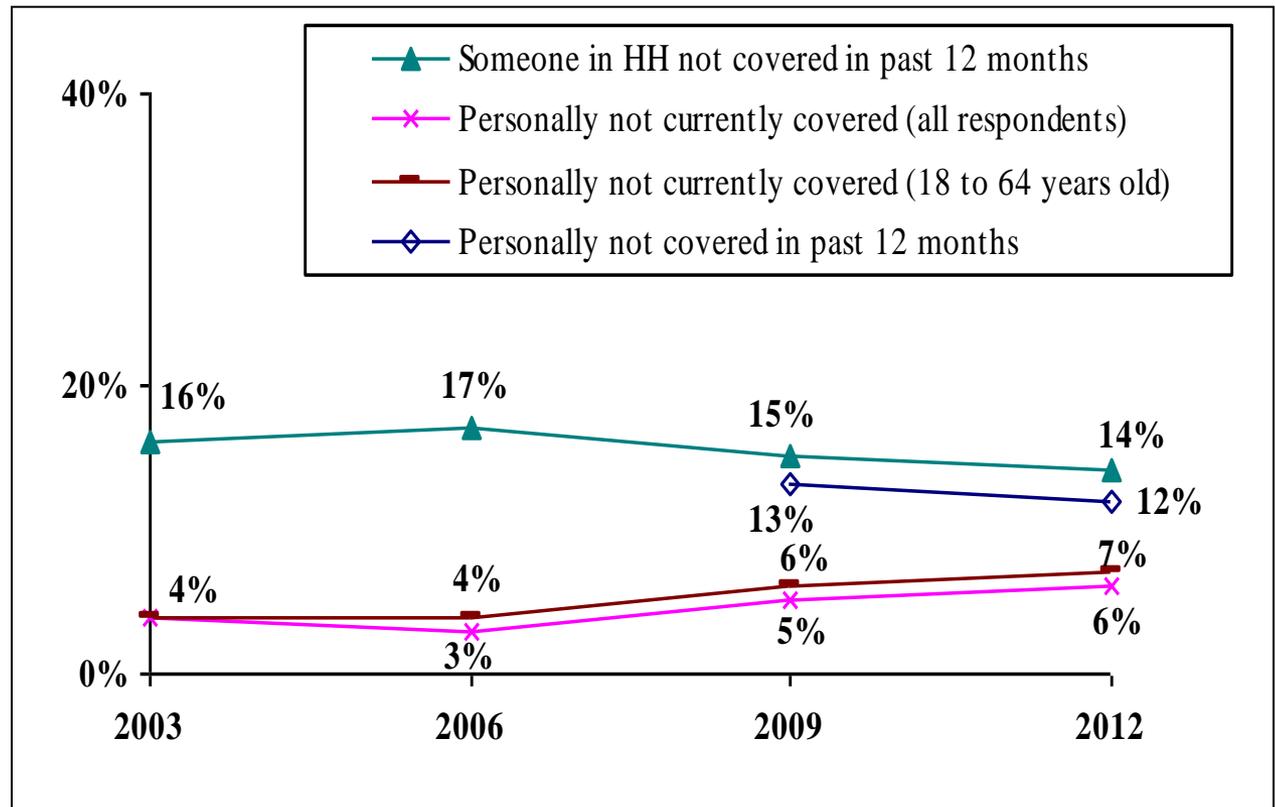
	Percent
Education	
High school or less	32%
Some post high school	44%
College graduate	23%
Marital Status	
Married	54%

Health Care Coverage

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Health Care Coverage

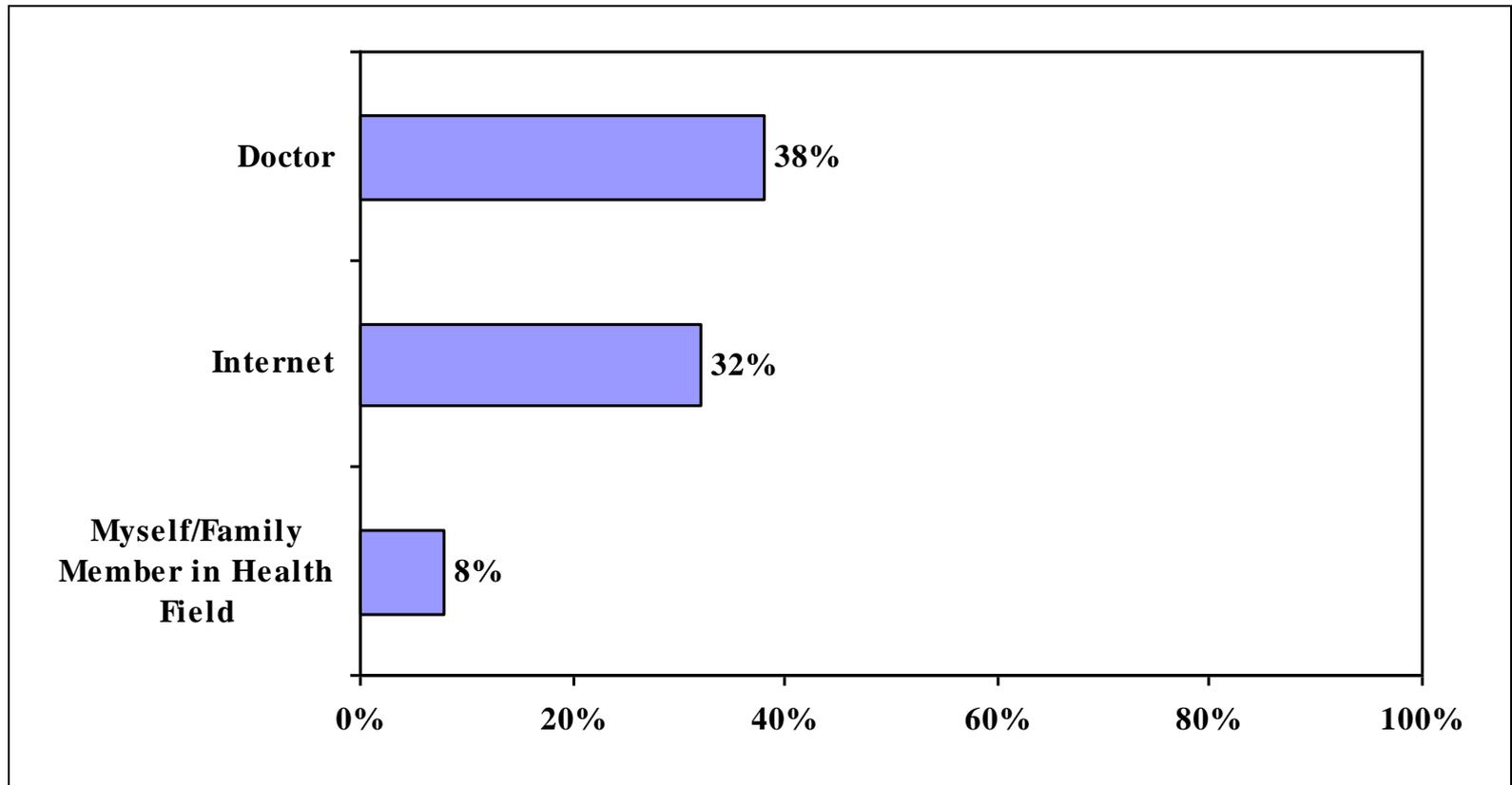
- Personally not covered currently (18+) 2010
 - WI: 11%
 - US: 15%
 - HP2020 Goal: 0%
- Personally not covered currently (18 to 64 years old) 2010
 - WI: 13%
 - US: 18%



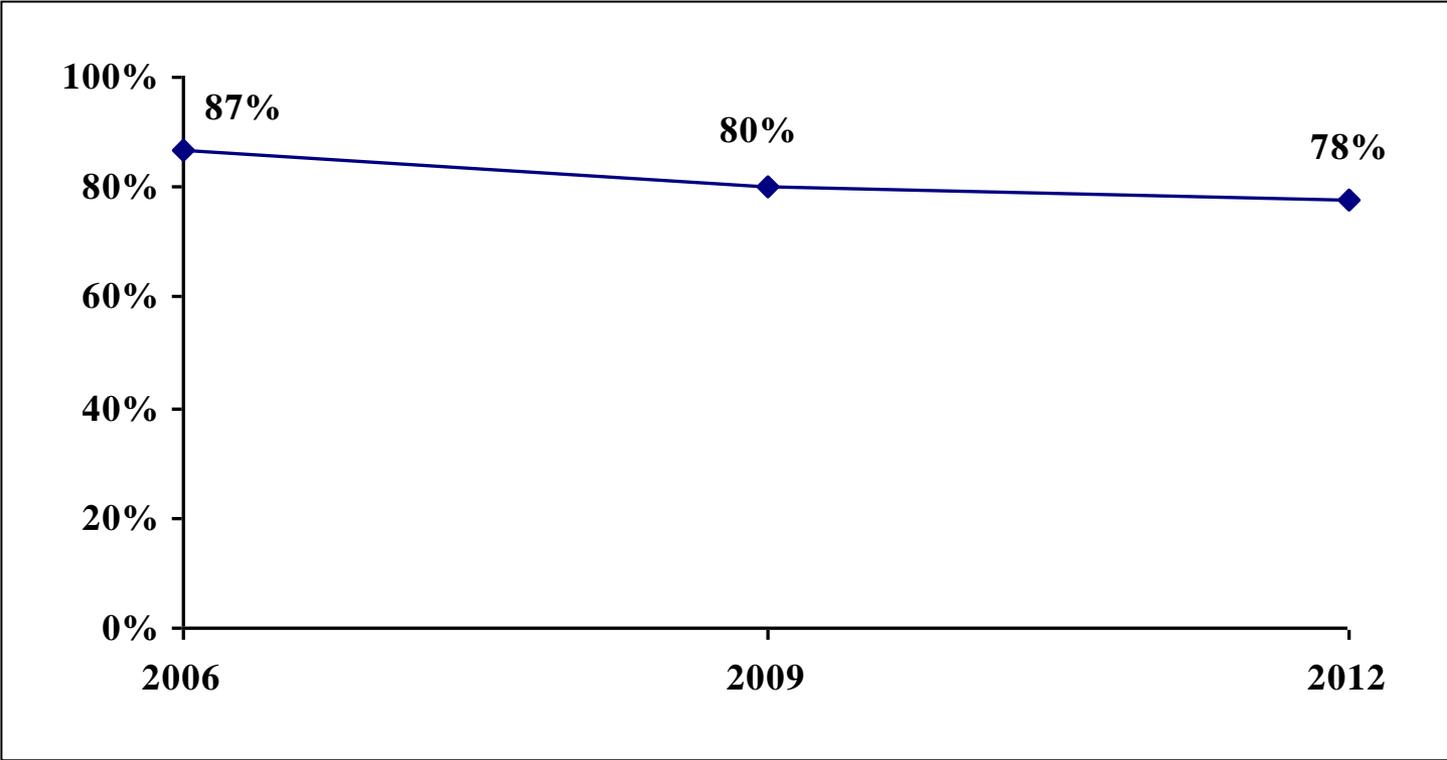
Health Care Needed in Past 12 Months (2012)

	Percent
Prescription Medication Not Taken Due to Cost (Someone in the Household)	7%
Unmet Health Care (Respondent)	
Dental Care	12%
Medical Care	7%
Mental Health Care	3%

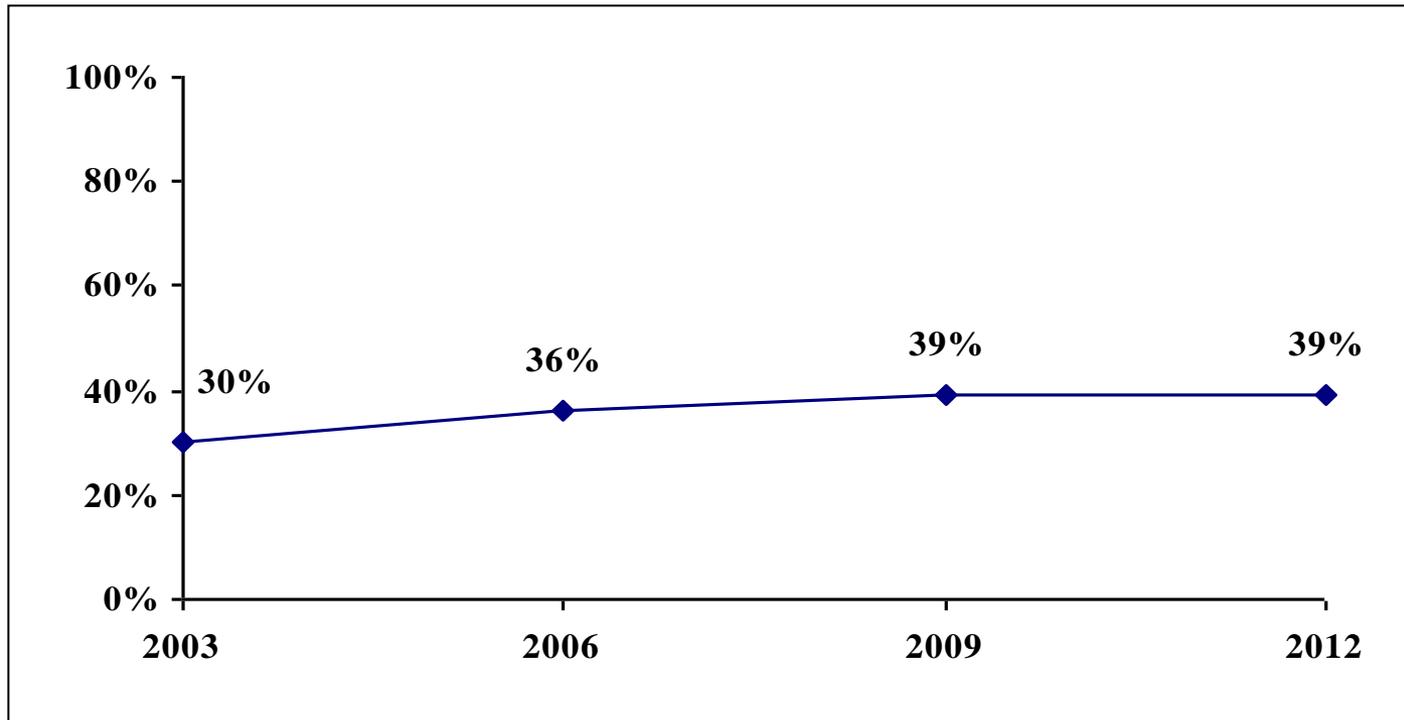
Health Information Source (2012)



Doctor or Nurse Practitioner's Office as Primary Health Care Service



Advance Care Plan¹



¹In 2006, "living will or health care power of attorney" was added.

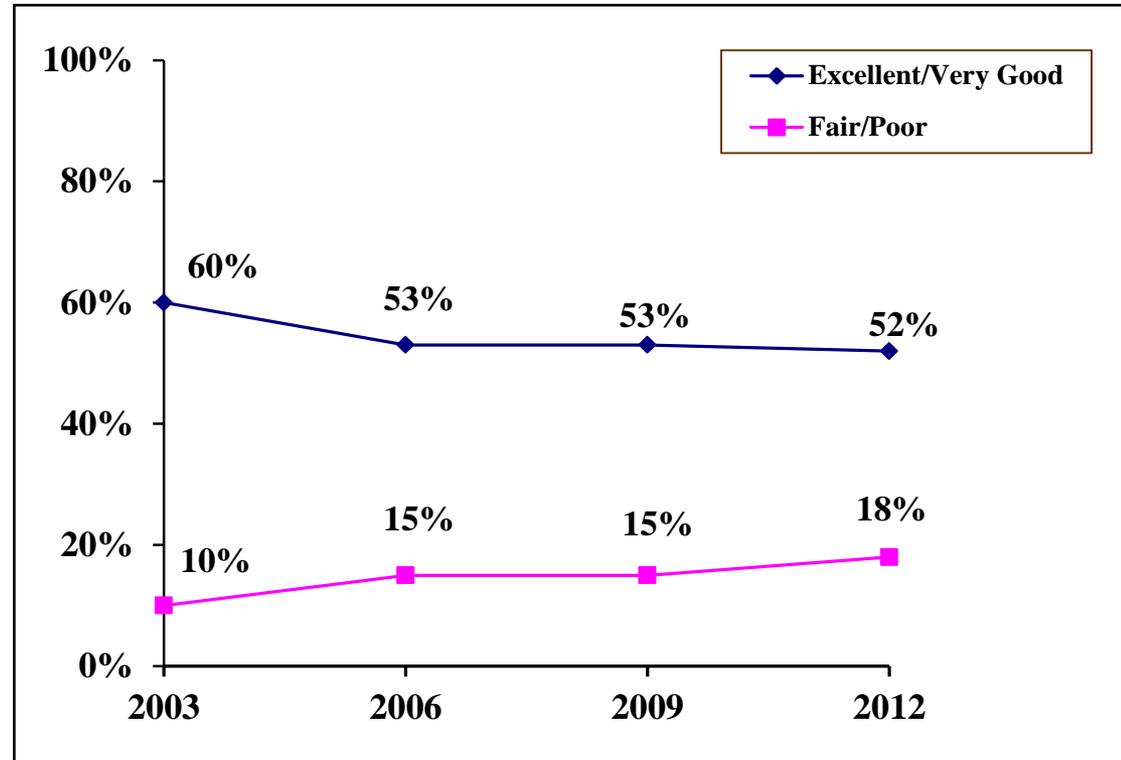
General Health



Rate Own Health

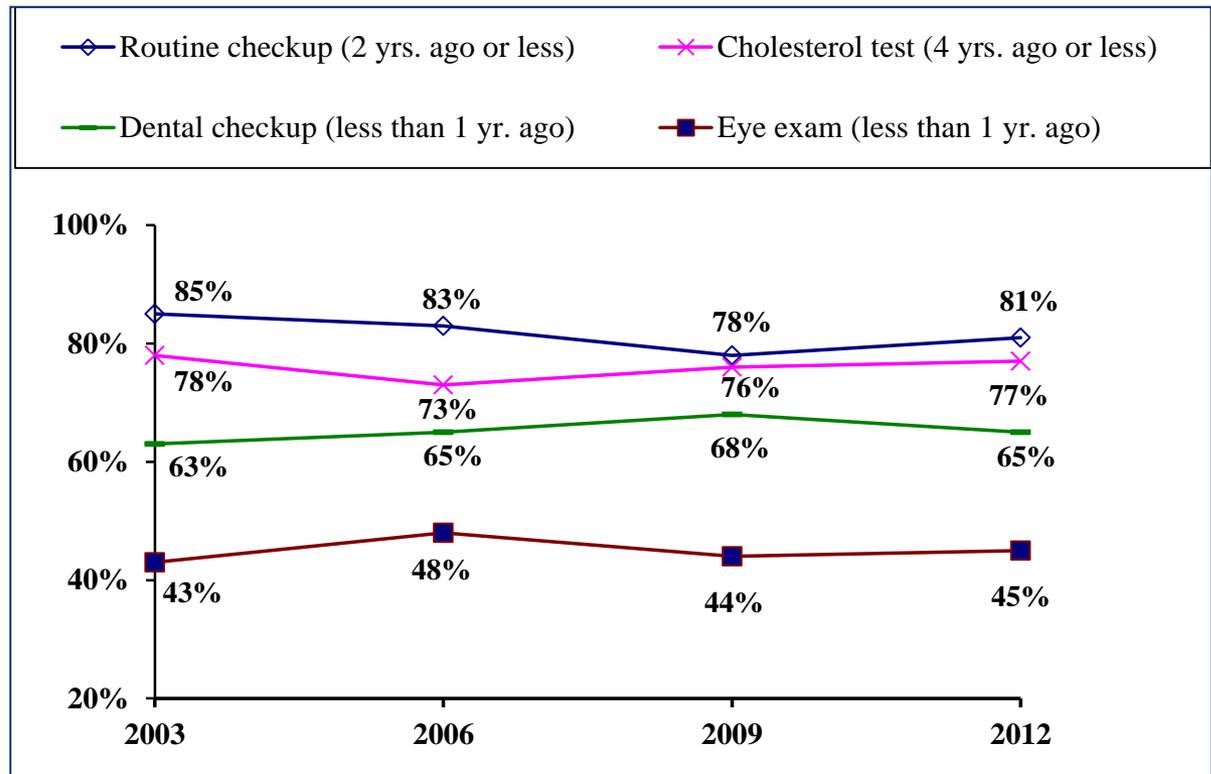
2010

- Excellent or Very Good
 - WI: 57%
 - US: 55%
- Fair or Poor
 - WI: 14%
 - US: 15%



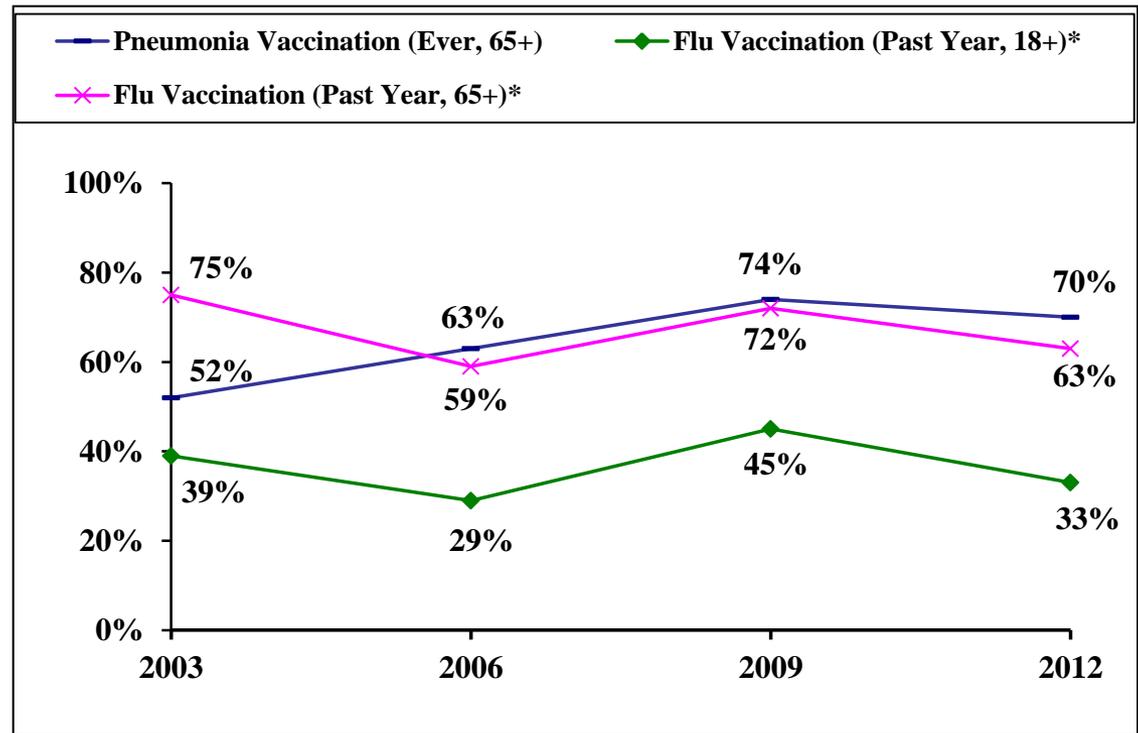
Routine Procedures

- Routine checkup 2000
 - WI: 79%
 - US: 84%
- Cholesterol test 2010
 - WI: 77%
 - US: 77%
 - HP2020 Goal: 82%
- Dental checkup 2010
 - WI: 75%
 - US: 70%
 - HP2020 Goal: 49%



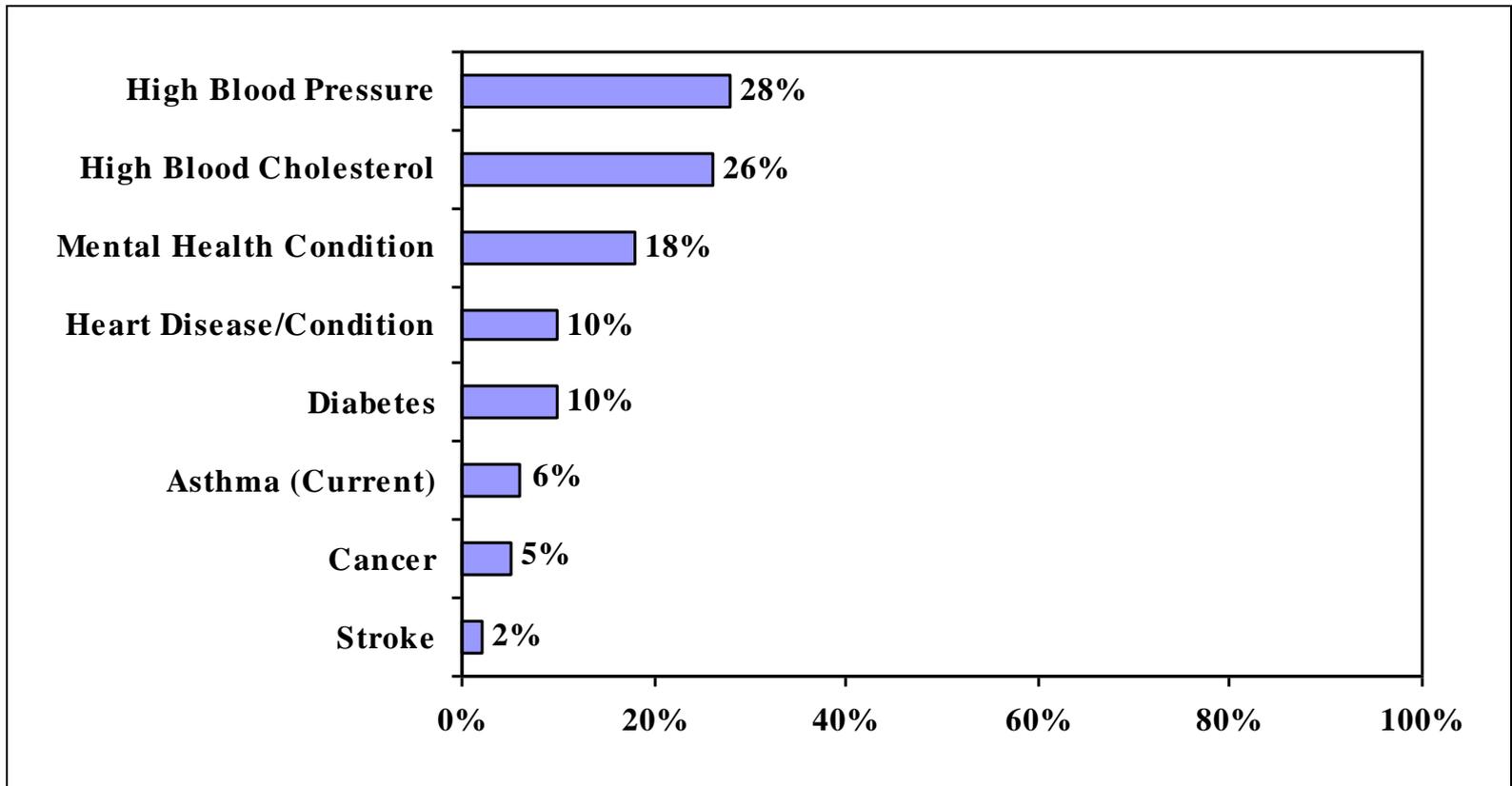
Vaccinations

- **Pneumonia vaccination (65+) 2010**
 - WI: 73%
 - US: 69%
 - HP2020 Goal: 90%
- **Flu vaccination (65+) 2010**
 - WI: 68%
 - US: 68%
 - HP2020 Goal: 90%

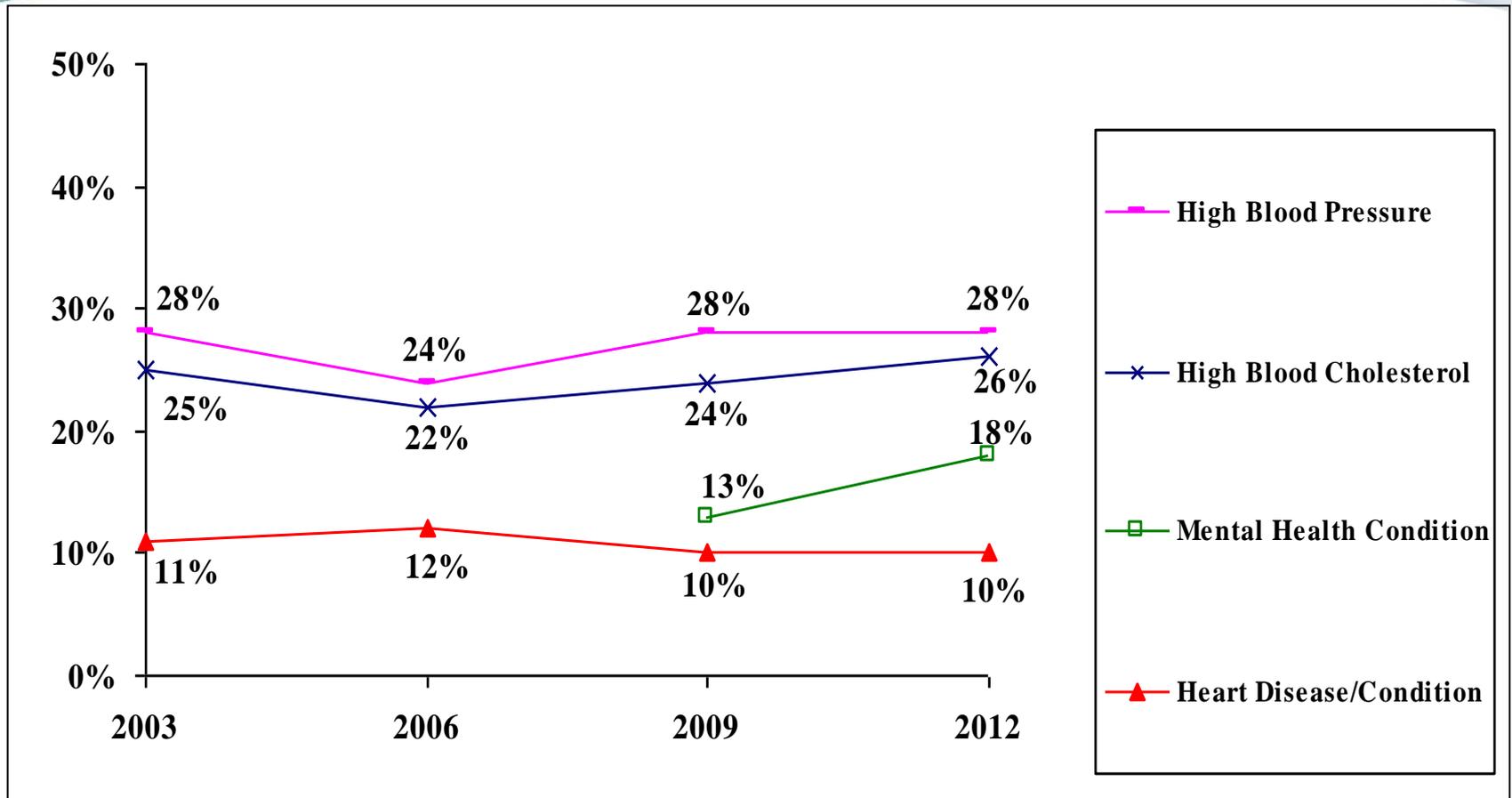


*In 2006, "nasal spray" was added.

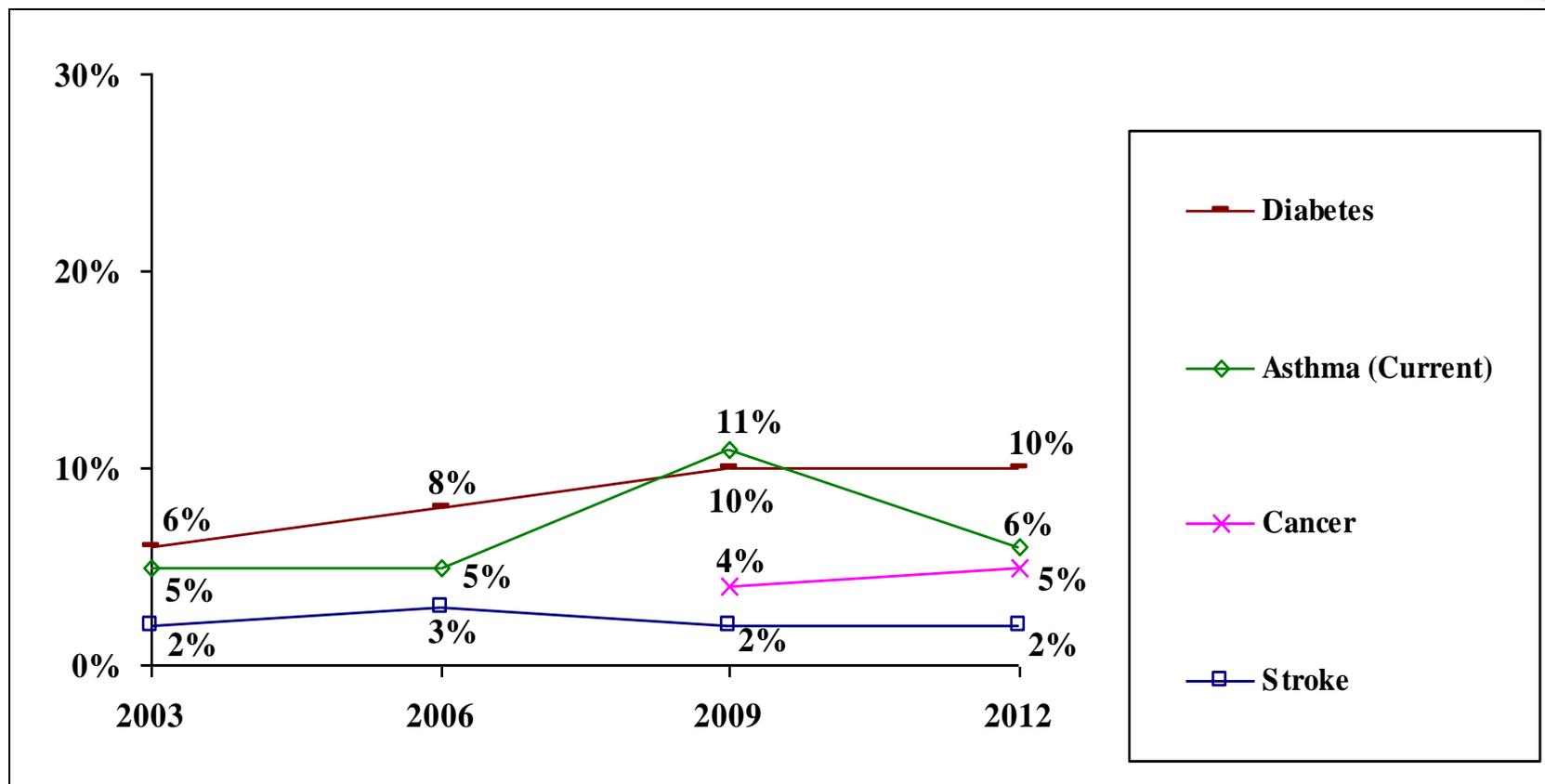
Health Conditions Past 3 Years (2012)



Health Conditions Past 3 Years



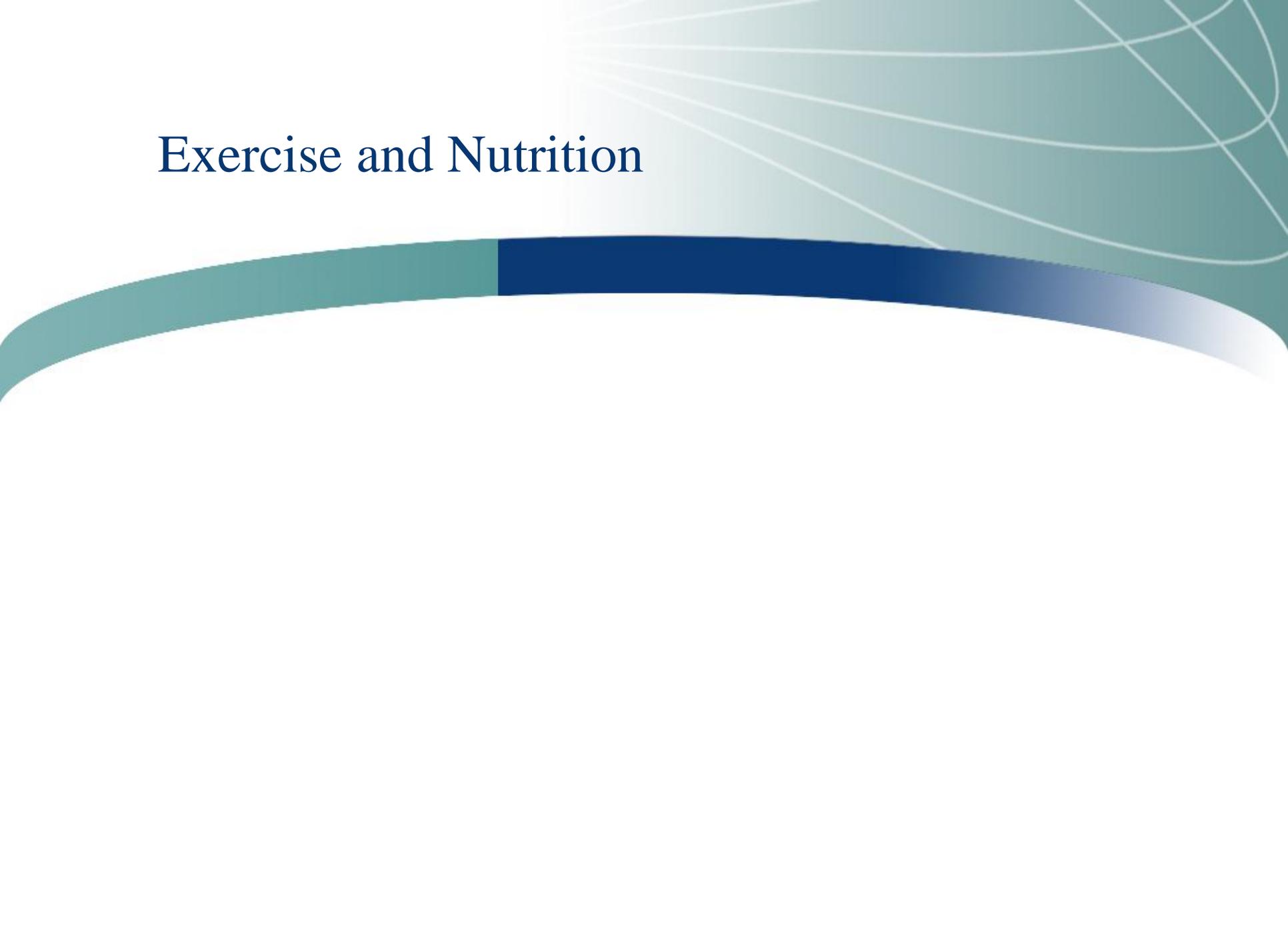
Health Conditions Past 3 Years



Condition Controlled Through Medication, Exercise or Lifestyle Changes (2012)

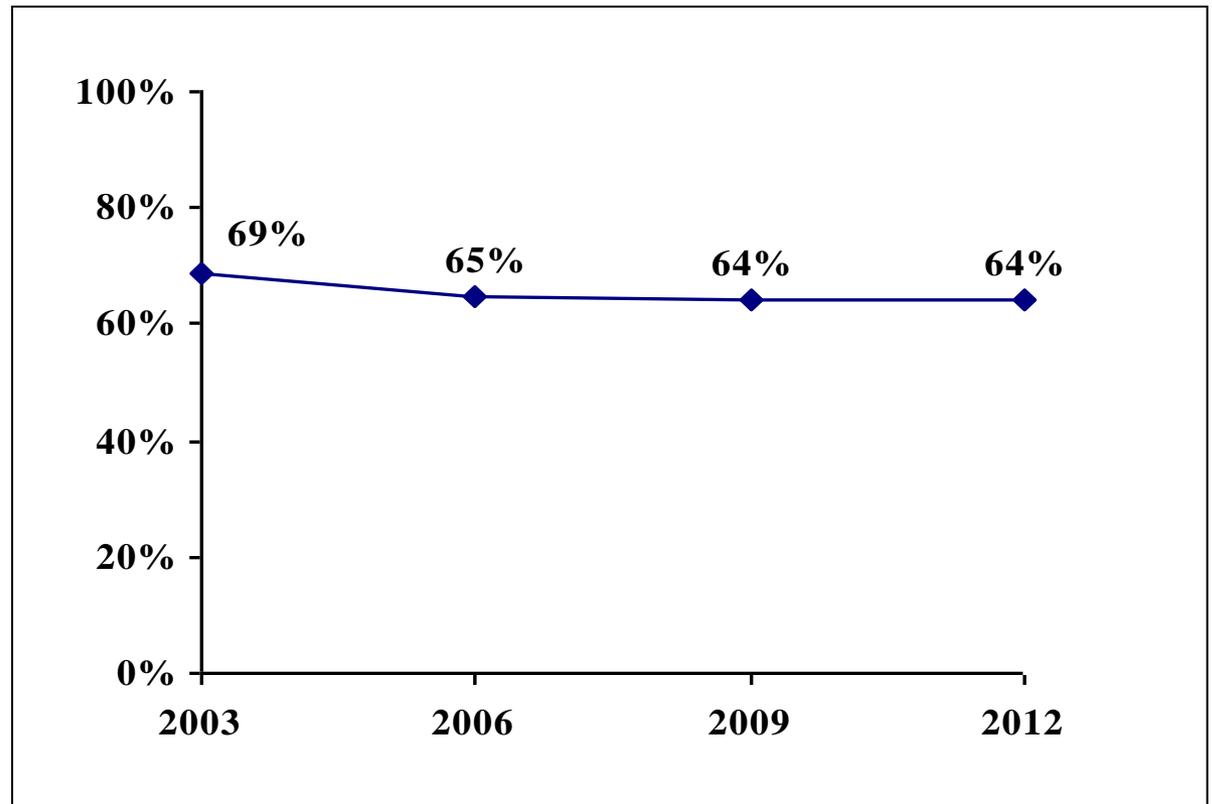
(n=)	Percent
High Blood Pressure (110)	96%
High Blood Cholesterol (102)	92%
Mental Health Condition (71)	96%
Heart Disease/Condition (39)	92%
Diabetes (38)	95%
Asthma (25)	100%

Exercise and Nutrition

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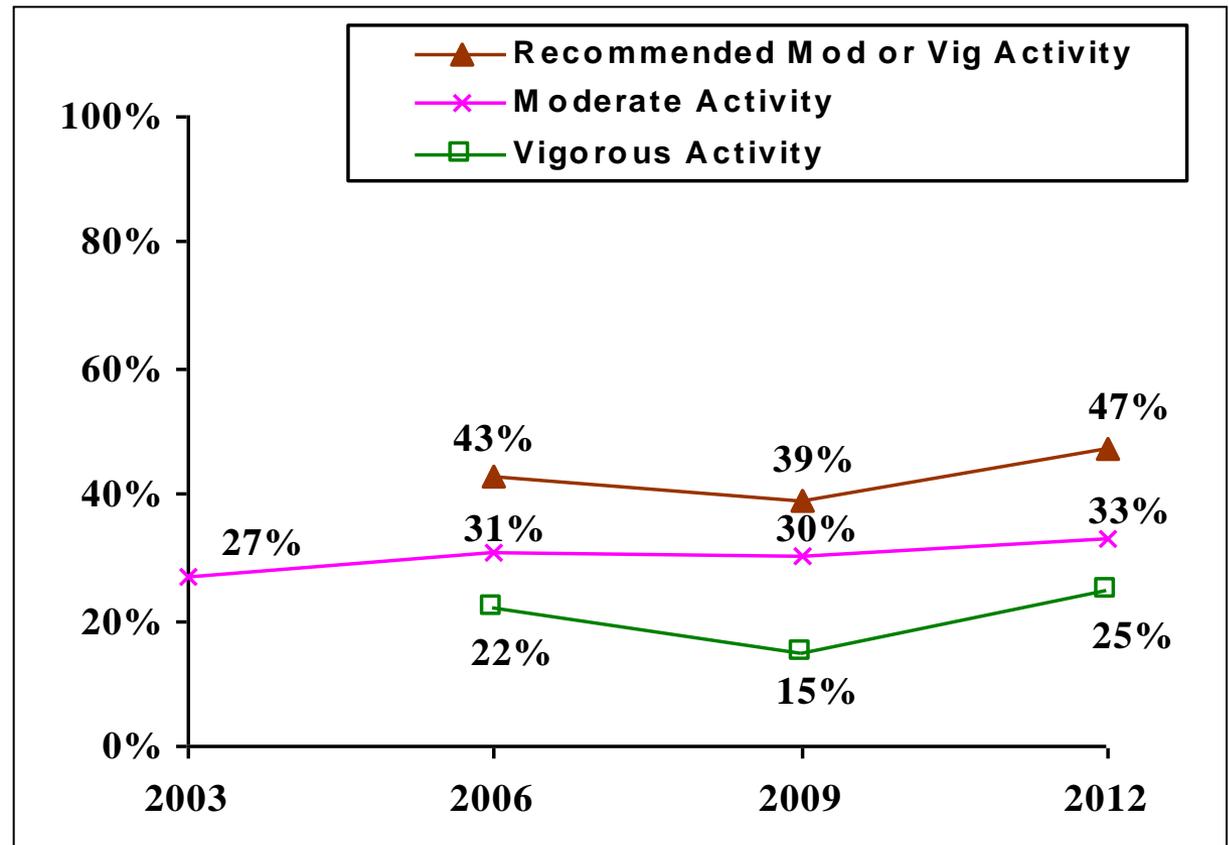
Body Weight

- Overweight 2010
 - WI: 64%
 - US: 64%
- HP2020 Goal:
 - 34% Healthy weight
 - 66% Unhealthy weight (overweight or obese)



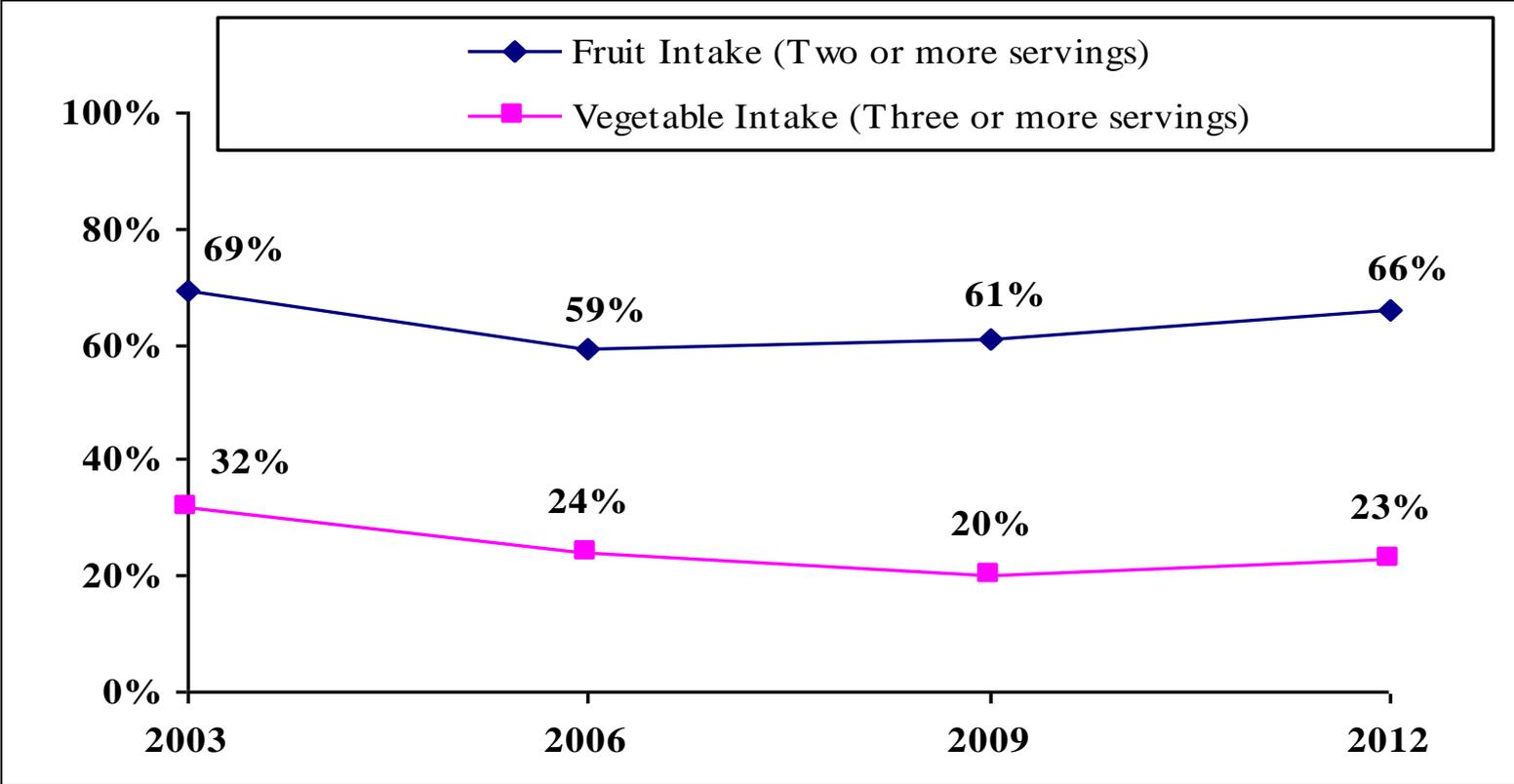
Physical Activity¹

- Recommended Moderate or Vigorous Activity 2009
 - WI: 53%
 - US: 51%
- Moderate Activity 2005
 - WI: 42%
 - US: 33%
- Vigorous Activity 2009
 - WI: 31%
 - US: 29%

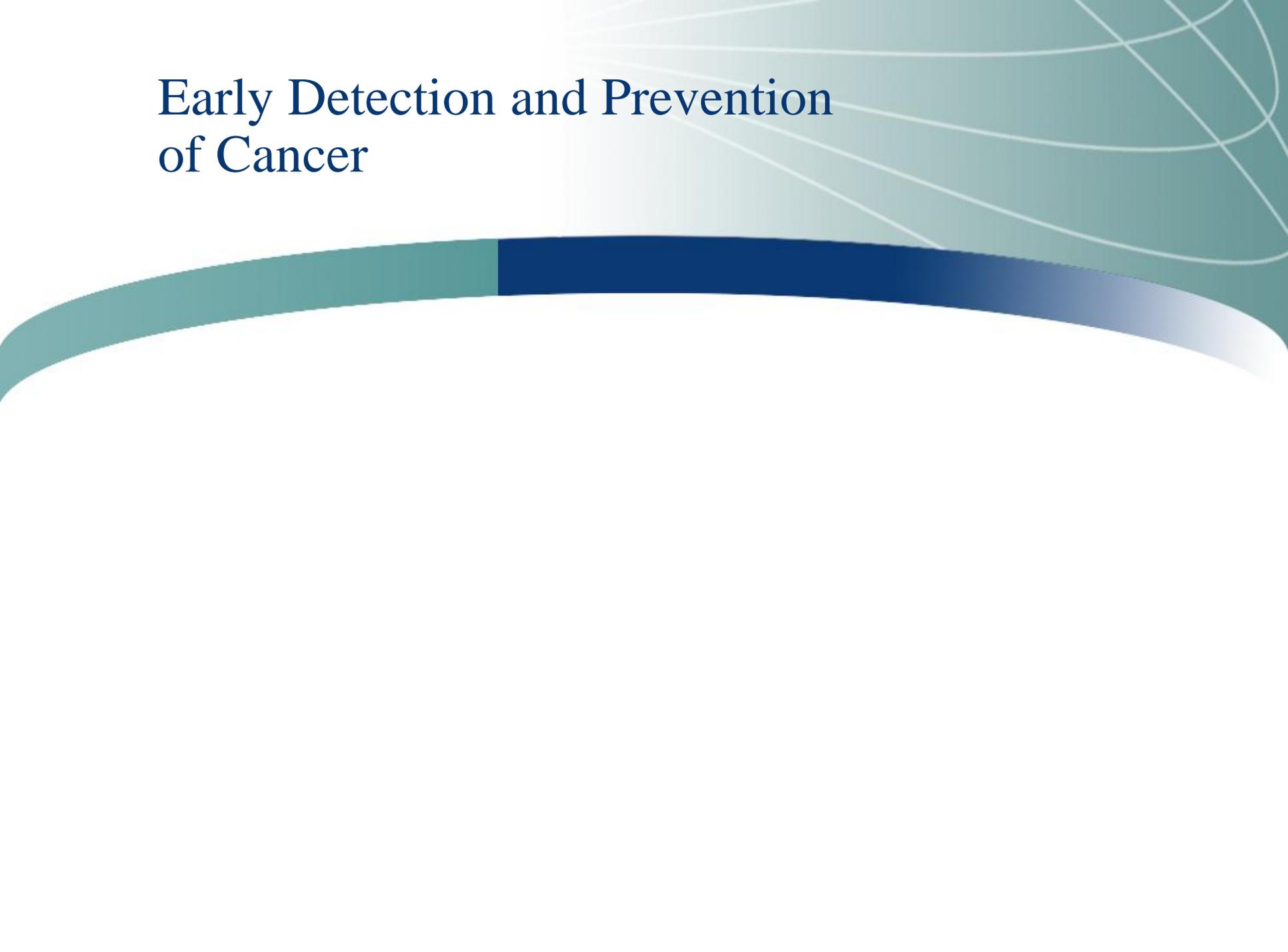


¹Moderate activity: 5 times a week for 30 or more minutes/time
Vigorous activity: 3 times a week for 20 or more minutes/time

Nutrition on an Average Day

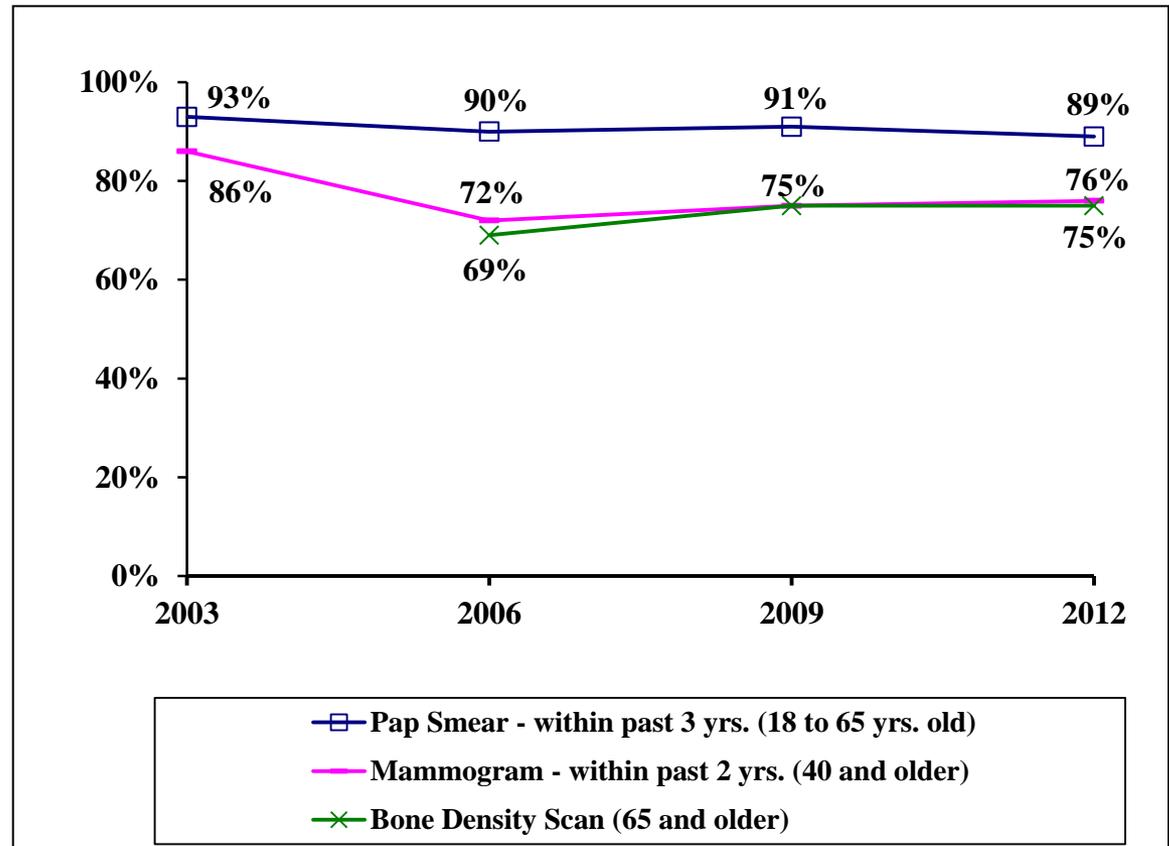


Early Detection and Prevention of Cancer

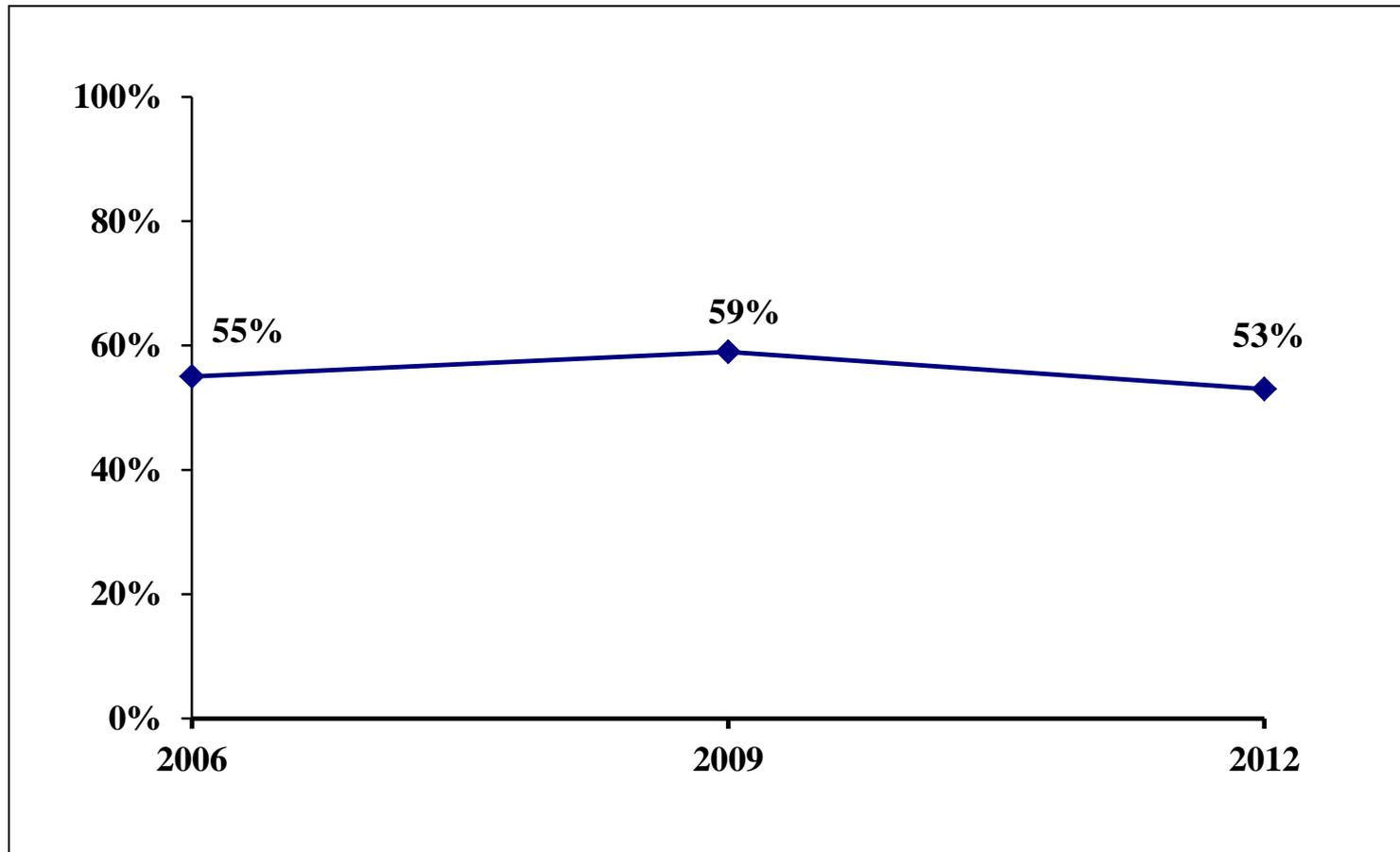


Women's Health

- Pap Smear (18+) 2010
 - WI: 85%
 - US: 81%
 - HP2020 Goal (21-65 years old): 93%
- Mammogram (40+) 2010
 - WI: 79%
 - US: 76%



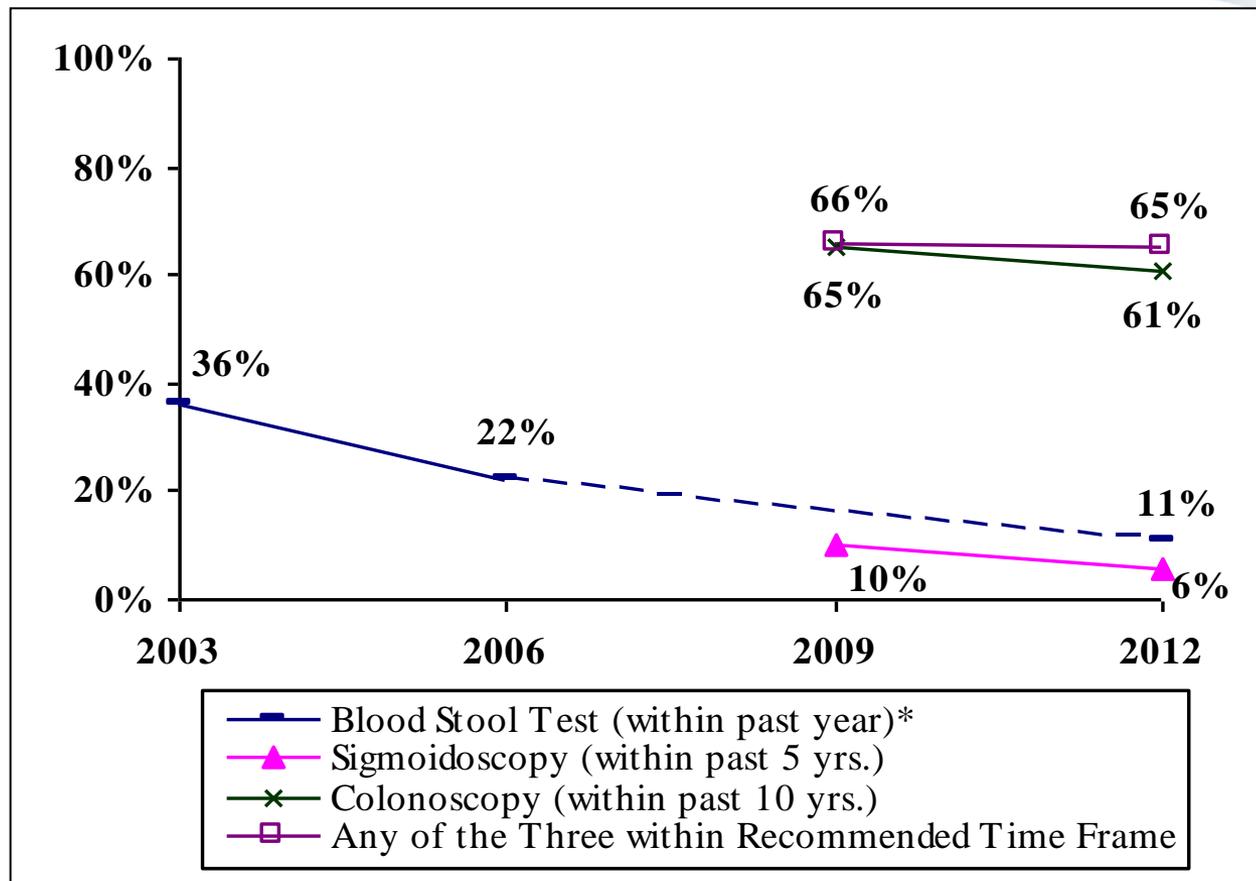
Prostate Cancer Screening [PSA or DRE] Within Past 2 Years (40 and Older)



*In 2006 and 2009, DRE and PSA tests were two separate questions. In 2012, they were combined into one prostate cancer screening question.

Colorectal Cancer (50 and Older)

- Screening in Recommended Time Frame:
 - HP2020 Goal: 71%

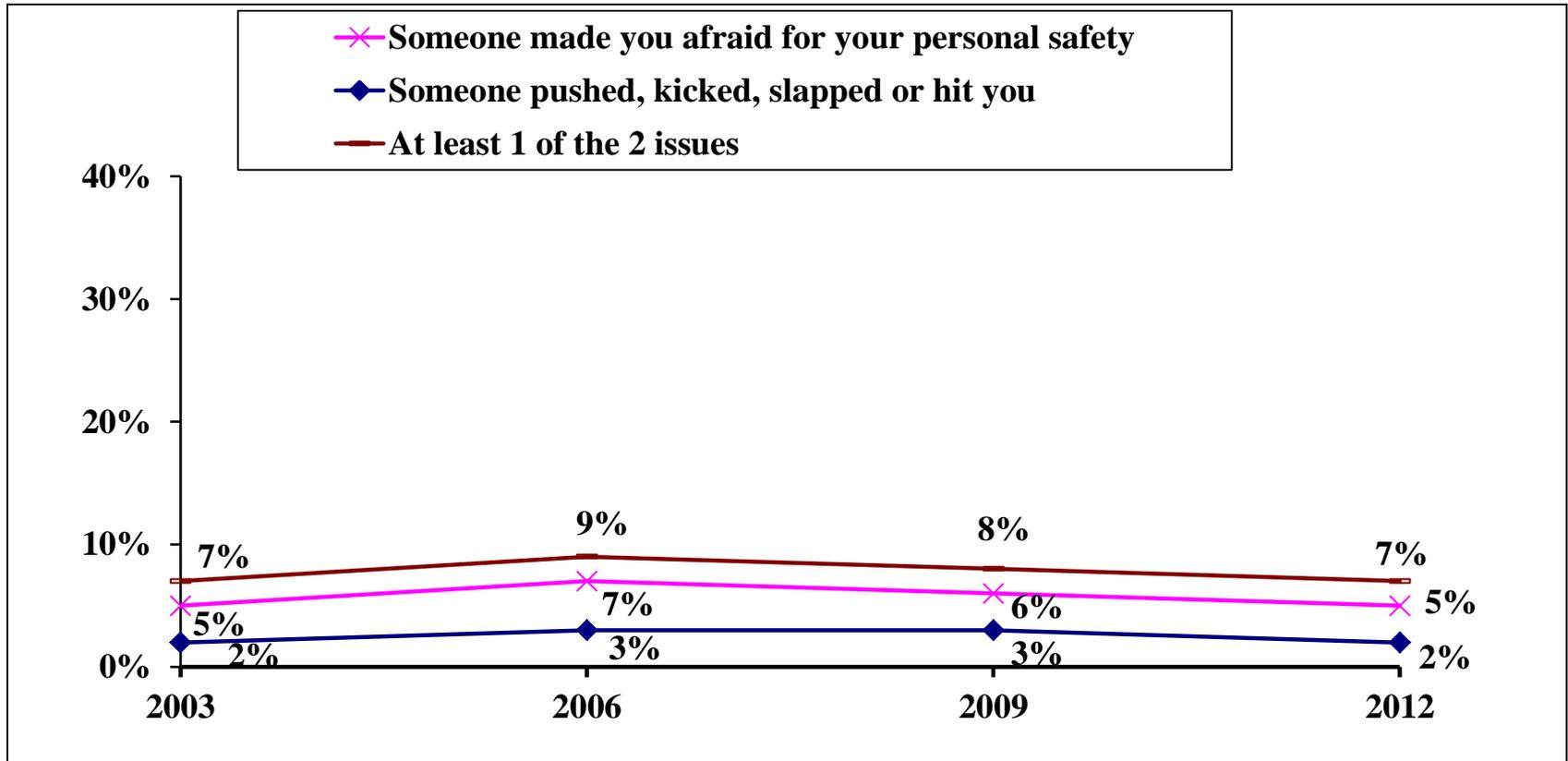


*Not asked in 2009

Safety



Personal Safety Issues (Past Year)



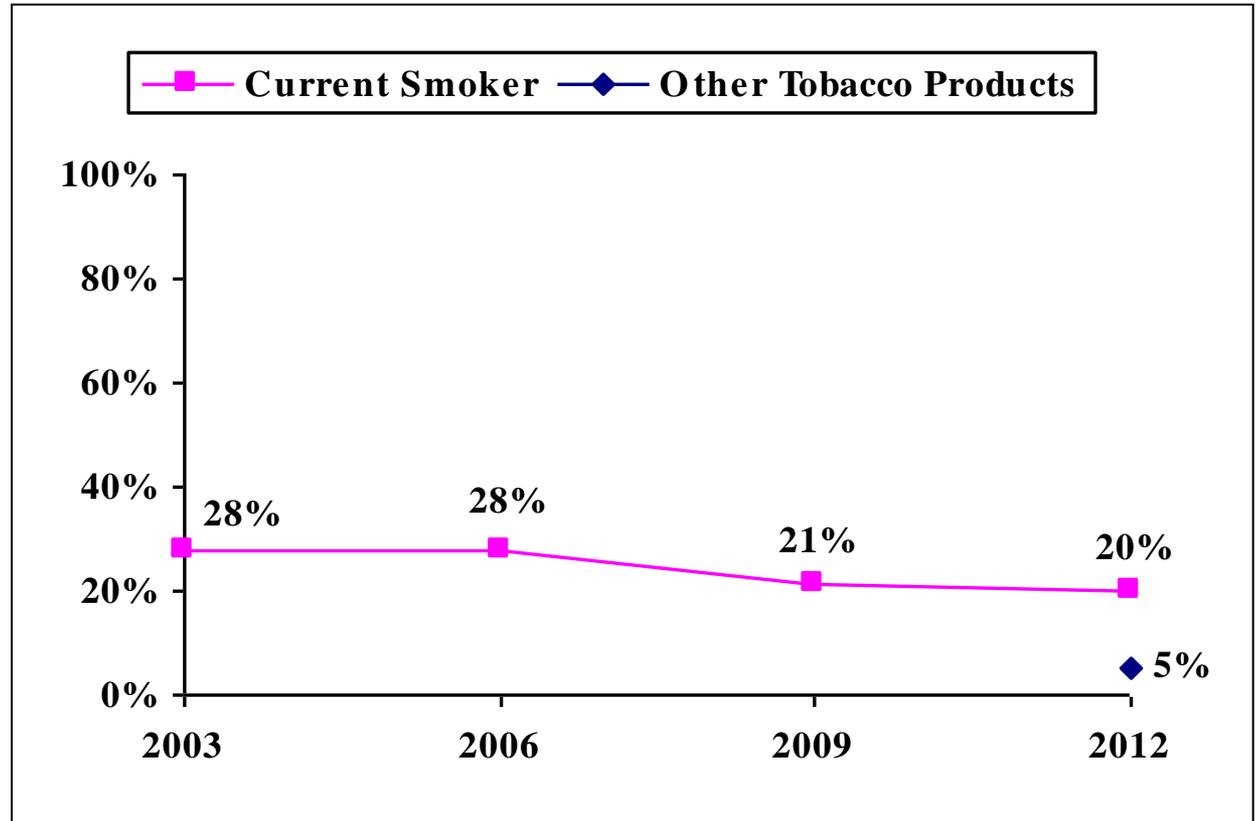
Tobacco Use



Tobacco Use (Past 30 Days)

- **Current Smokers 2010**

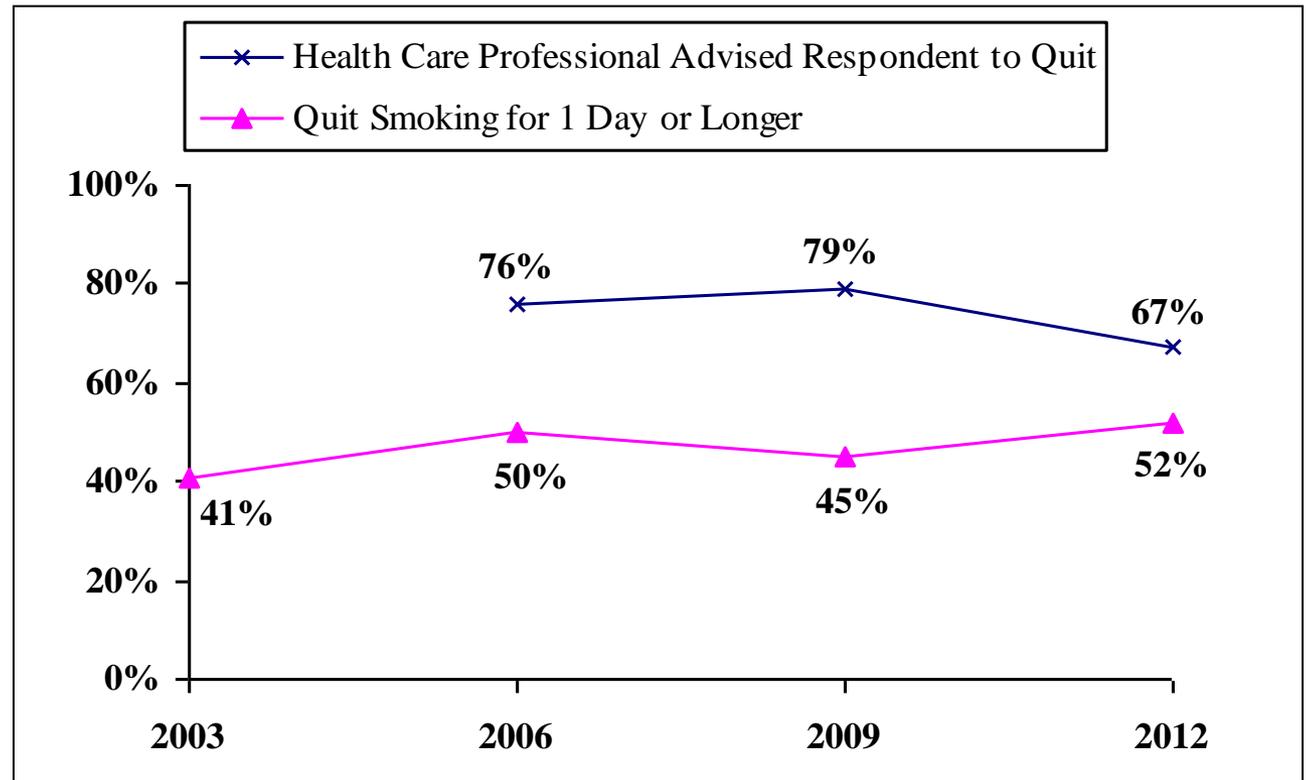
- WI: 19%
- US: 17%
- HP2020 Goal: 12%



Smoking Cessation in Past 12 Months (Current Smokers)

- Tried to Quit 2005

- WI: 49%
- US: 56%
- HP2020 Goal: 80%



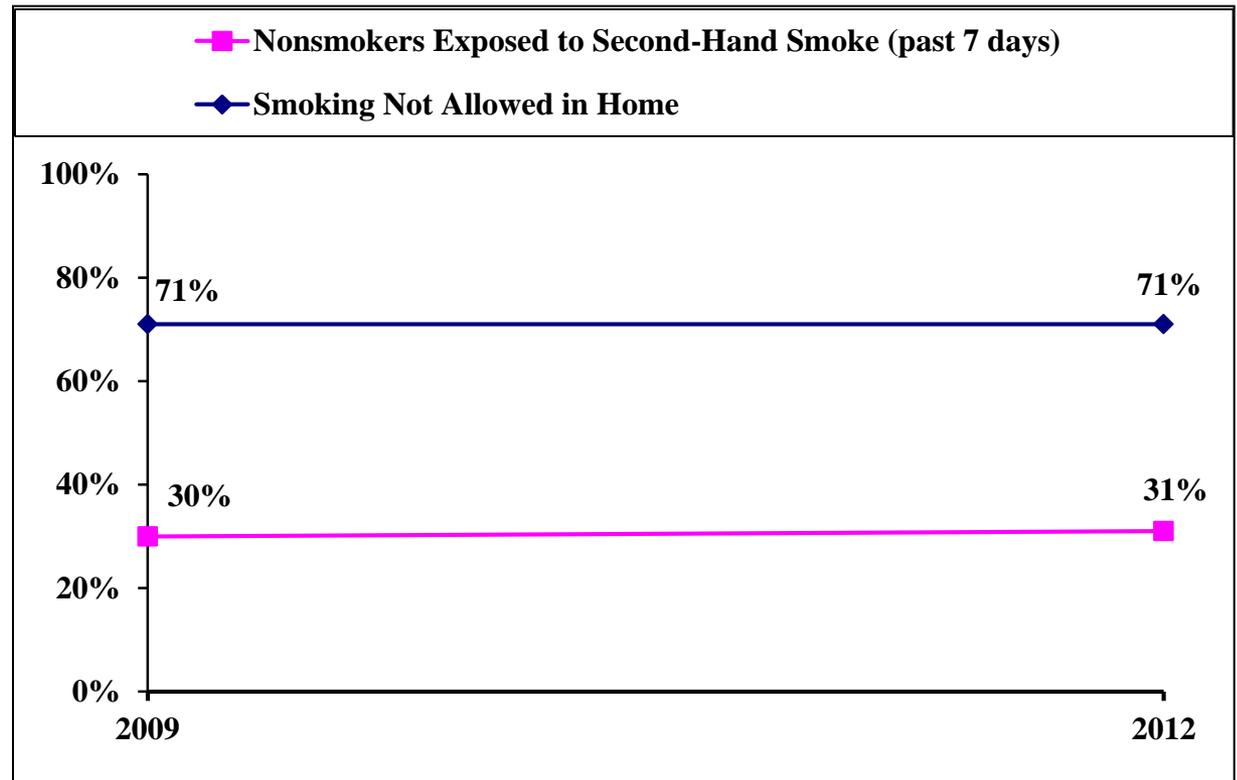
Exposure to Cigarette Smoke

Smoking Prohibited at Home 2003

- WI: 75%

Nonsmokers Exposed to Second-Hand Smoke

- HP2020 Goal: 34%

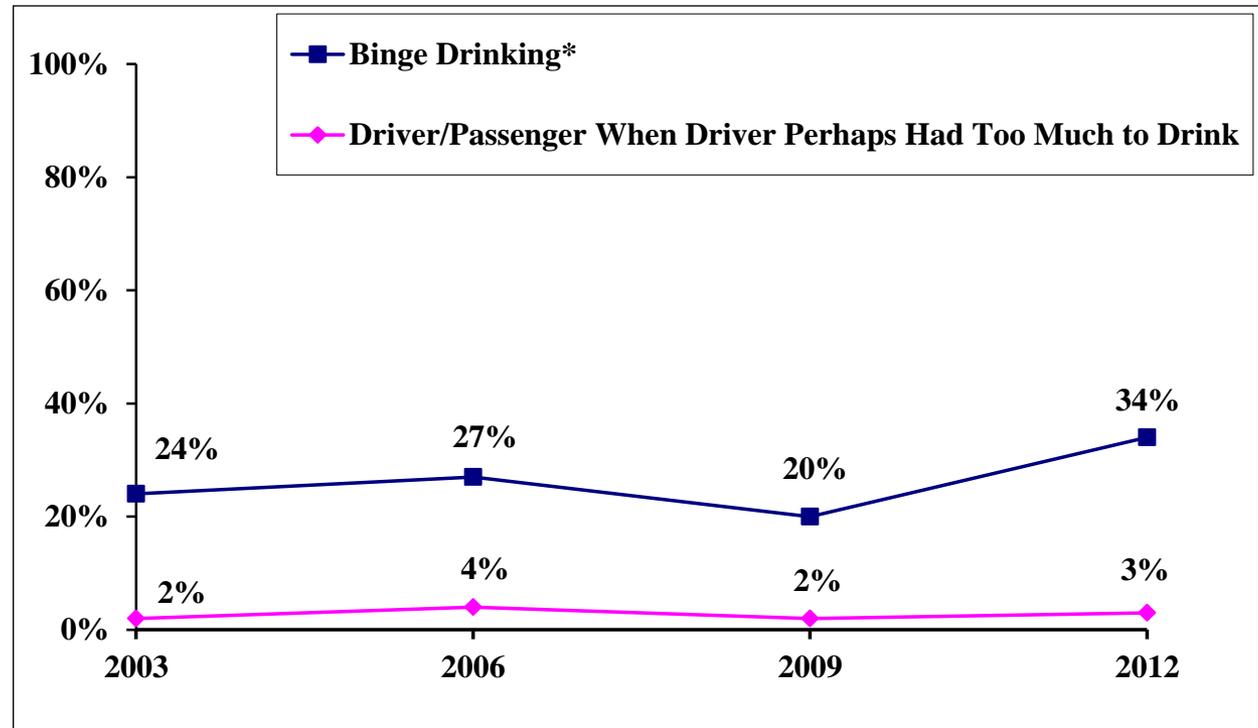


Alcohol Use



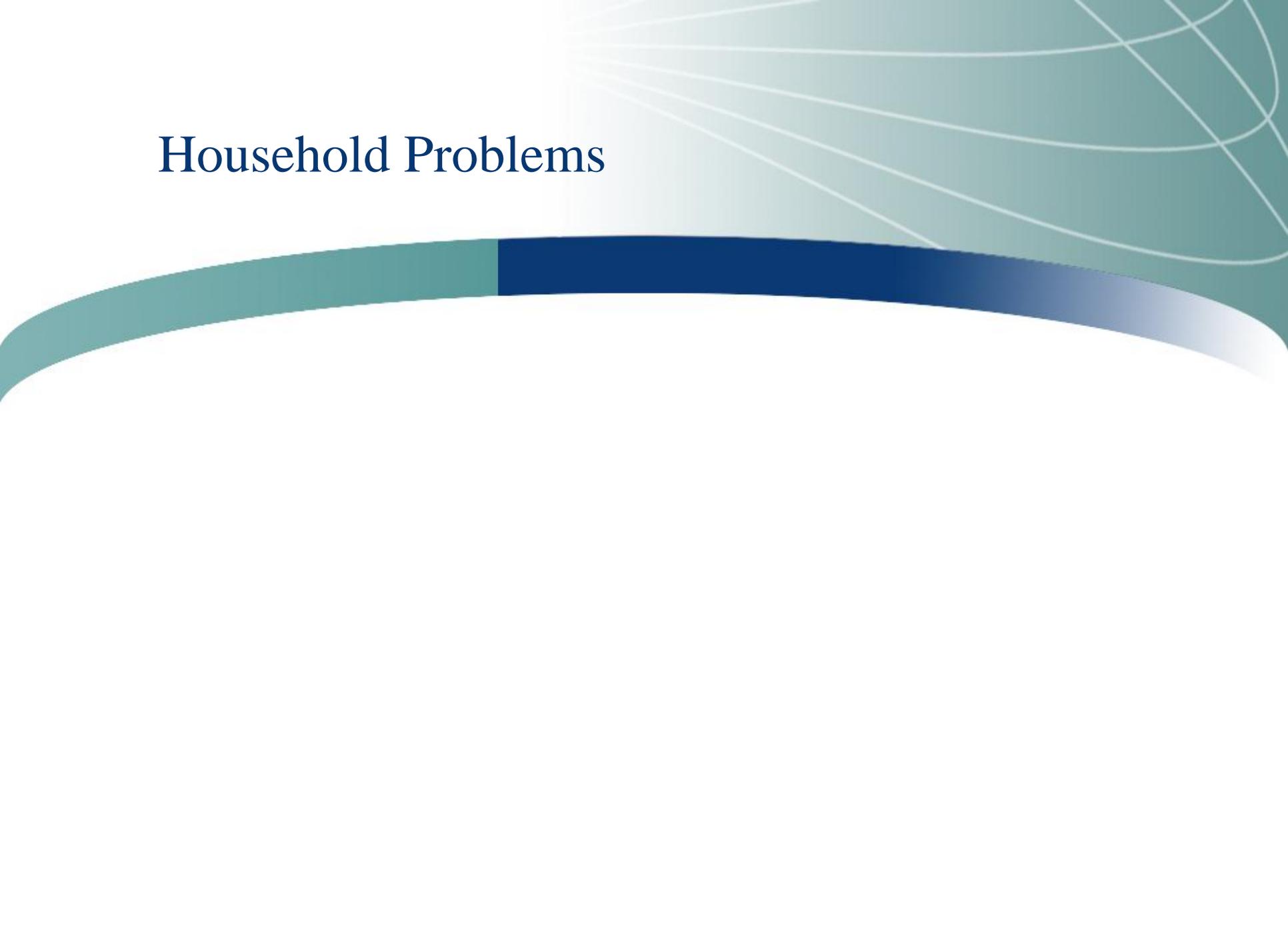
Alcohol Use in Past Month

- Binge Drinking 2010
[Male 5+; Female 4+]
 - WI: 22%
 - US: 15%
 - HP2020 Goal: 24%
[Male & Female 5+]

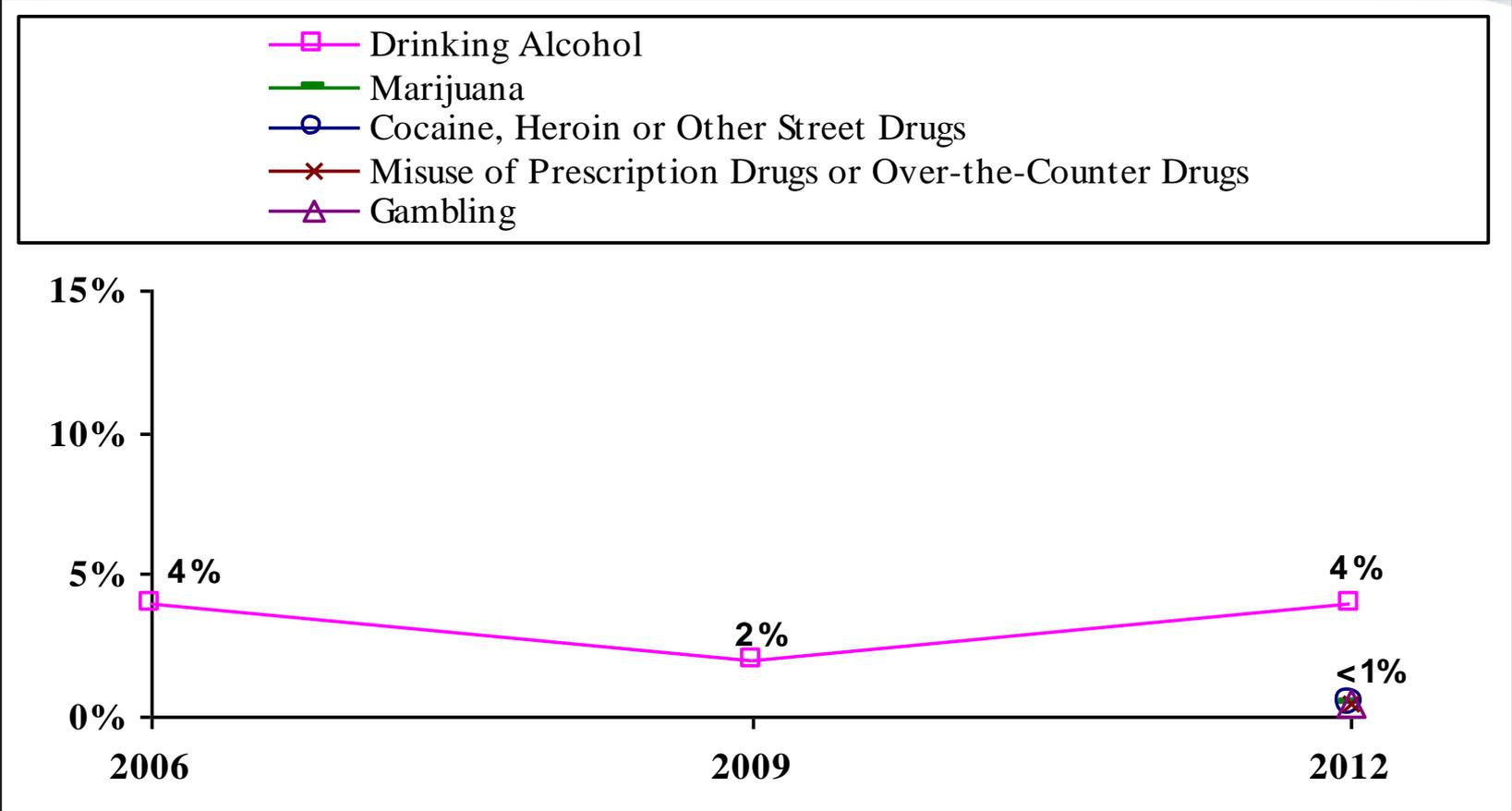


*In 2003 and 2012, "4 or more drinks on an occasion" for females and "5 or more drinks on an occasion" for males was used; in all other study years, "5 or more drinks on an occasion" was used for both males and females.

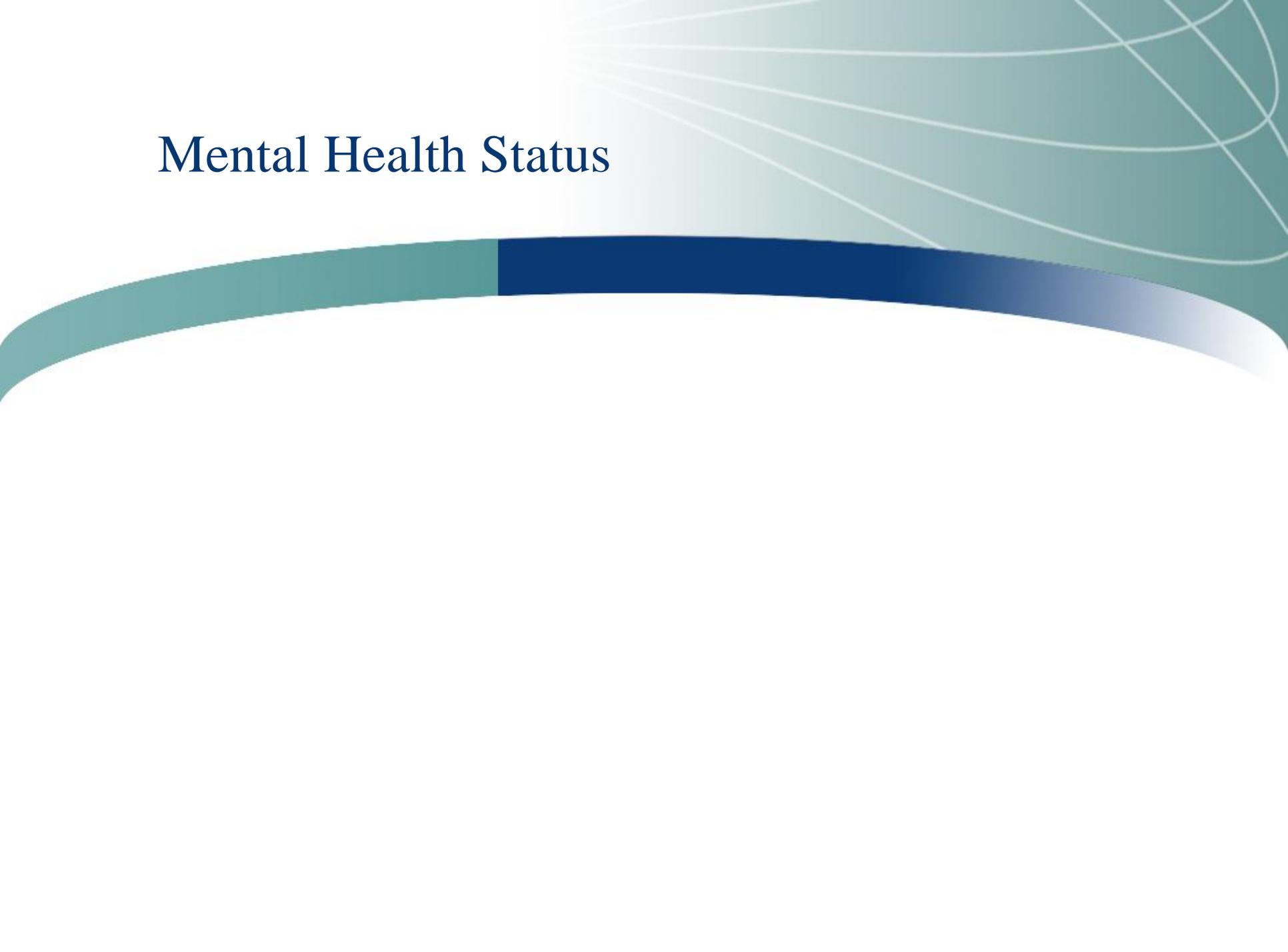
Household Problems



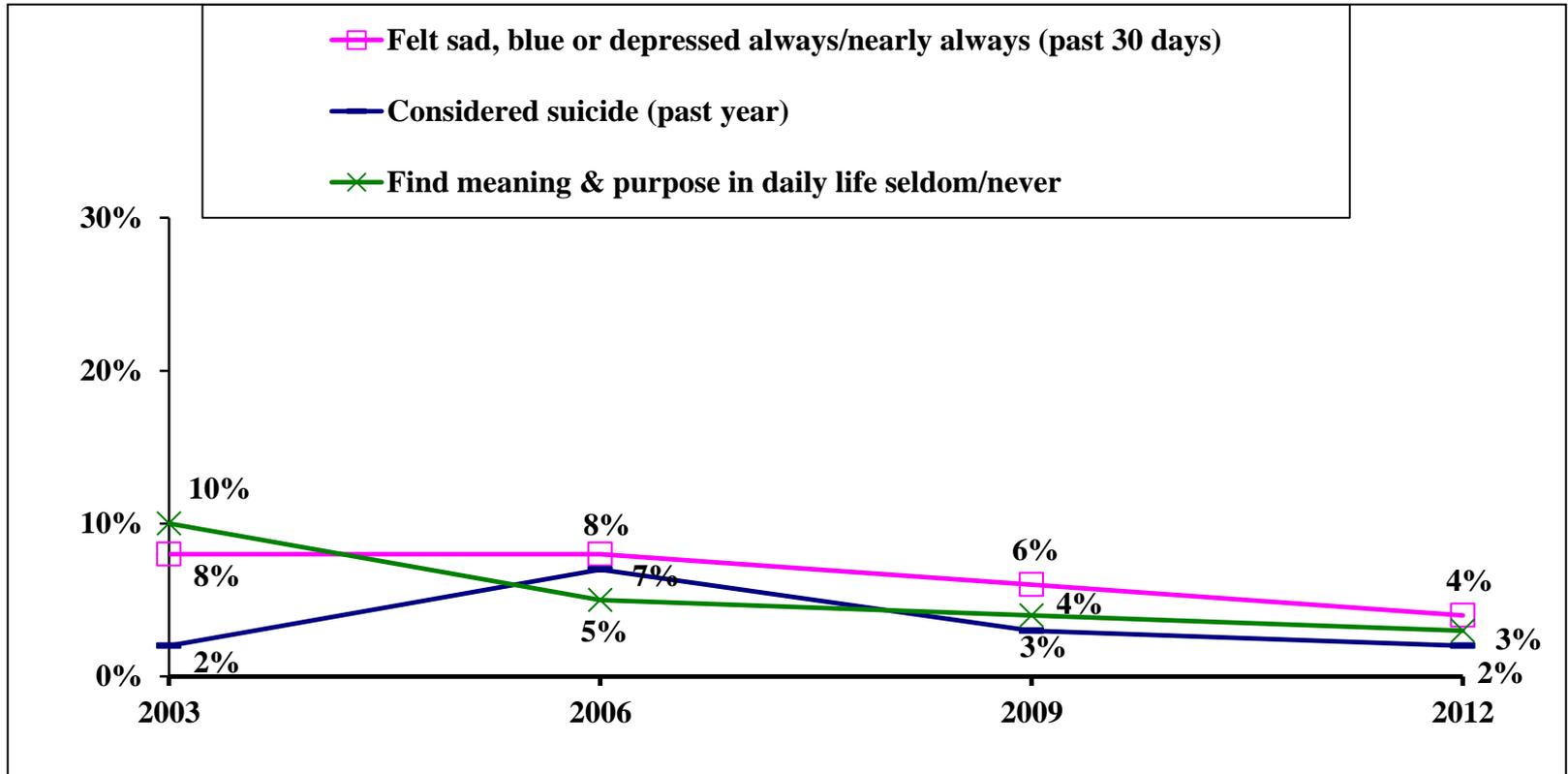
Household Problems In Past Year



Mental Health Status

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Mental Health Status



Children In Household



Child's Personal Doctor (2012)

	Percent
Has a Personal Health Doctor or Nurse Who Knows Child Well & Familiar with Health History	93%
<u>Visited</u> Personal Doctor or Nurse for Preventive Care During Past 12 Months	74%

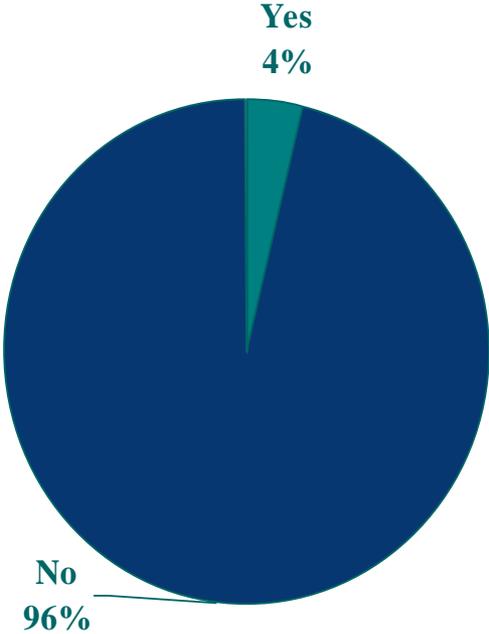
Child Did Not Receive Care Needed in Past 12 Months (2012)

	Percent
Dental Care	2%
Medical Care	0%
Specialist	0%

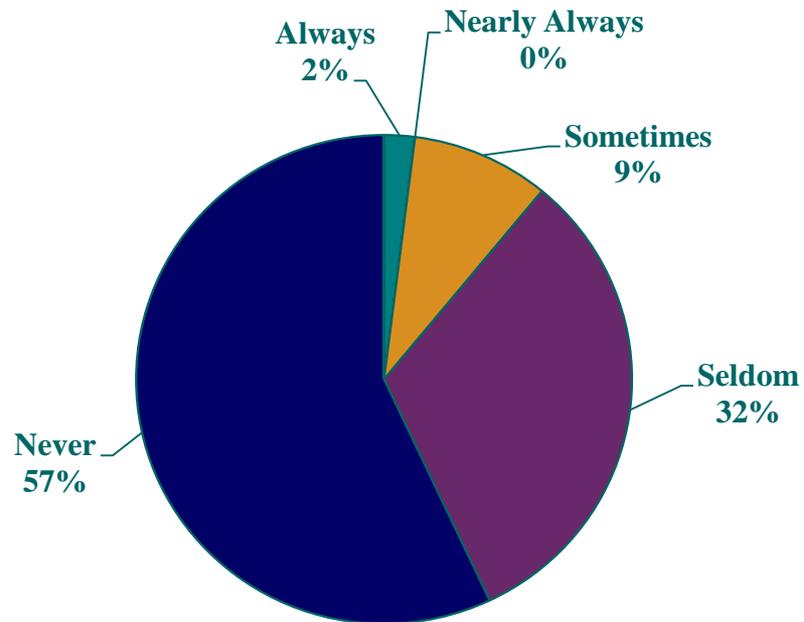
Child 5 to 17 Years Old Nutrition and Physical Activity (2012)

	Percent
Fruit (Two or More Servings/Day)	85%
Vegetable (Three or More Servings/Day)	36%
Physical Activity (Five or More Days/ Week for at Least 60 Minutes Each)	87%

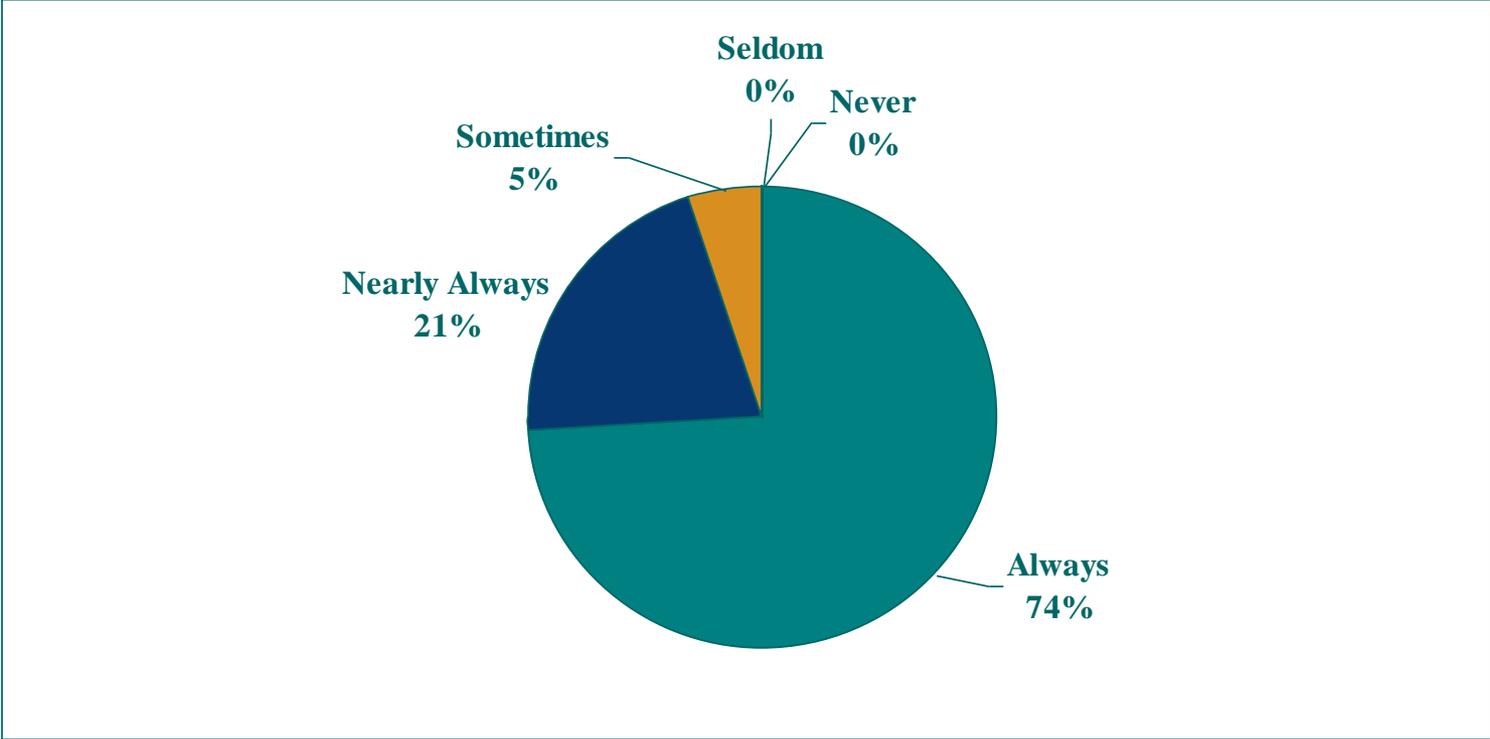
Child Has Asthma (2012)



Child 8 to 17 Years Old Unhappy, Sad or Depressed in Past Six Months (2012)



Child is Safe in Community/Neighborhood (2012)



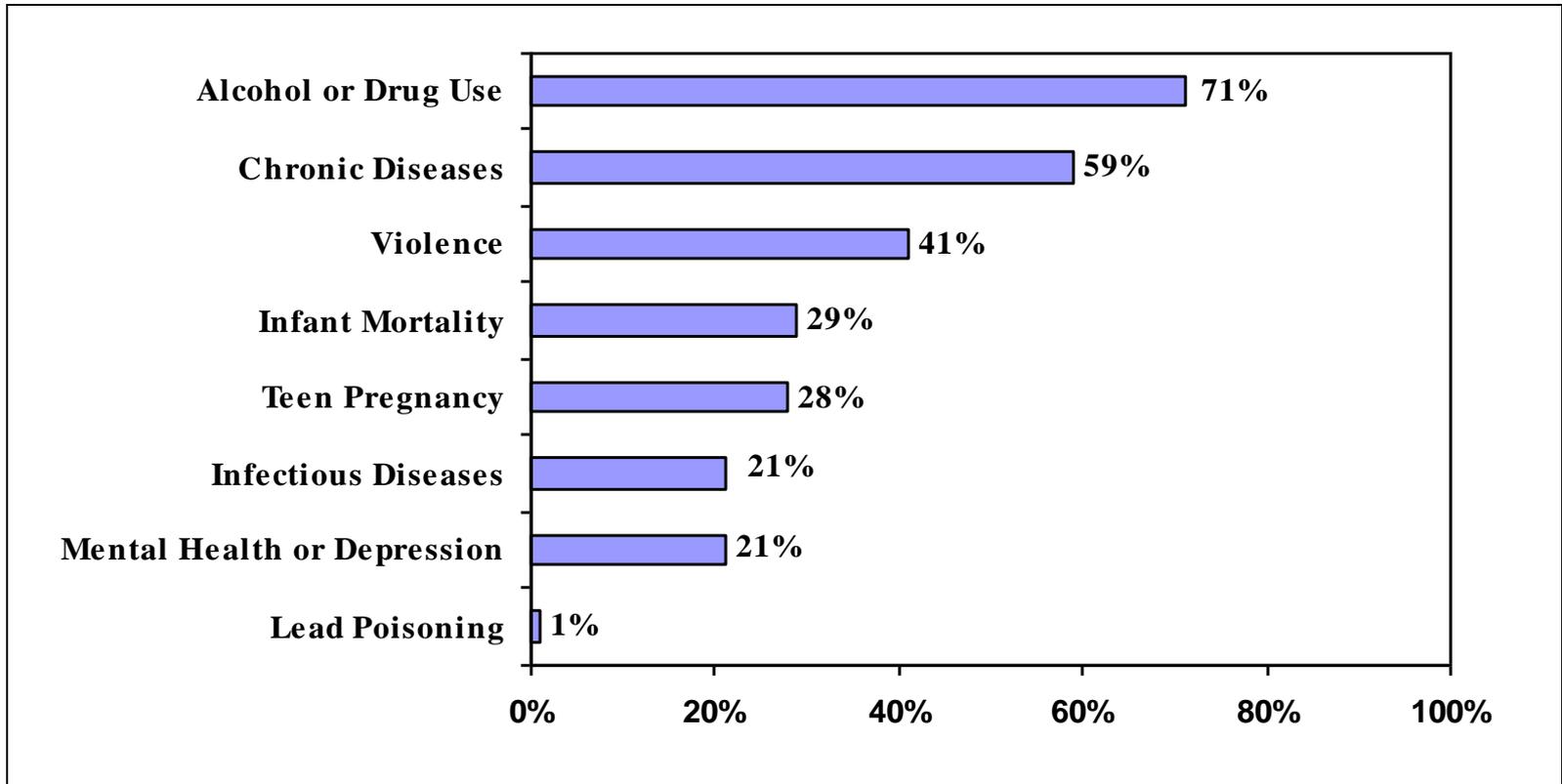
Child 8 to 17 Years Old Experienced Bullying Past 12 Months (2012)

	Percent
Experienced Some Form of Bullying	11%
Verbally Bullied	11%
Physically Bullied	0%
Cyber Bullied	0%

Community Health Issues

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Community Health Issues (2012)



Select Key Findings of Need

- 7% no current health care coverage vs. 0% HP2020
- 70% pneumonia vaccination (ever, 65+) vs. 90% HP2020
- 63% flu vaccination (past year, 65+) vs. 90% HP2020
- 28% high blood pressure (past 3 years)
- 26% high blood cholesterol (past 3 years)
- 20% current smoker vs. 12% HP2020
- 52% current smokers tried to quit smoking past year vs. 80% HP2020
- 34% binge drinker (past month, 4+ F; 5+ M) vs. 24% HP2020 (5+ drinks)

Report Available at...

- www.aurora.org/commhealth
- www.chw.org
- www.columbia-stmarys.org/Serving_Our_Community
- www.Froedtert.com/AboutUs
- www.mywheaton.org
- www.ci.stfrancis.wi.gov

Next Steps

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